

## COPASCH: Cooperation Parents – School, Workshops for Parents

### Motivation and Attitude towards School → Setting the Direction to Success!

Motivation: → leads to success

→ challenges parents and teachers:

- as role models
- as coaches

→ is often burdensome (challenges us!)

- time
- attention

Age: 10 – 15

→ important phase of development

- status of work
- action dynamic

### Learning and Motivation

→ Learning → Aims ← → Incentives → Learning

Internal Incentives:

→ with regard to action:

- thirst for adventure
- play instinct

→ cognitive:

- curiosity
- understanding of connections

→ creative:

- joy of creation

External Incentives:

→ reward

→ future advantages

→ respect

→ duty → passion

Aim: proactive action

→ proactive self-regulation:

- set aims
- strategic approach
- time management
- evaluate progress
- self-evaluation
- look for help systematically

Aim: orientation towards future

- realistic plans for future as of age of 14
- future Me
- motivation greatly depends on the impact that school is believed to have on future

Aim: 'Can Do'

- positive self-estimation
- positive self-perception
- mastery goals – performance goals

The 3 Basic Needs

- interpersonal needs
- need for competence
- need for independence

Implications for:

- self-consciousness
- sensitivity for group pressure
- sensitivity for hazardous behaviour

Important de-motivators:

- Lack of identification / negative attitude
  - school
  - subject
  - teachers

- 'small fish big pool' – effect

The mighty competition:

- excessive media consumption
- computer games (addiction)
- active mobile phone

The spiral to success:

Complacency through success → individual initiative → realistic self-estimation → positive self-perception → Complacency through success.



## Socrates

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